

TRAINEE INTERNS' NEWSLETTER



July 2020

Dear colleagues,

We are in the second half of the year already!

This newsletter is the fourth in a series of communications targeted at Trainee Interns in your lead up to becoming a House Officer in November, keep reading to find out important information on what to expect with run allocations and run descriptions.

Also, if you missed our [previous newsletters](#) you may want to check them out as they contain some useful information on the differences between STONZ and RDA, your rosters and your National Executive.

T.I Videos

We are also excited to release our second quick and informative video on what will be your day to day life as an RMO. These have been made by our National Executive team and will give you a hands-on perspective of your employment for when you become a House Officer.

This video was created by Maple Goh, an experienced member of the National Executive team.

Click on the video below to watch Dr. Maple Goh talk about run allocations and run descriptions – why these are important, and when you should be told about your allocated runs.



Dr. Maple Goh on run allocations and run descriptions.

Run Descriptions

Have you received your run descriptions for the runs you have had allocated to you?

These are very important documents as they detail who you are responsible to, what your clinical duties and educational opportunities are, what you will be paid, who you will be working with and other important details.



Run descriptions cannot be changed without going through a particular process and the agreement of 2/3rds of the RMOs who are going to be affected by the change. It's helpful to know what happens on the run before you start it to make sure changes have not occurred without your knowledge. If you haven't received copies of your run descriptions, we recommend you email your DHB and ask for a copy.

Run Allocations

Shortly, you will go through the run allocation process - if you haven't already. This is where the DHB for whom you will be working, provides you with the 4 runs you will be allocated for the year.

The MECA provides that: "Prior to the commencement of each RMO's year of employment, the Employer shall provide to the Employee a schedule of runs proposed to be allocated to that RMO for the year. Any changes to the proposed allocation will be discussed with the RMO concerned." And; "Provided it is within the control of the employing District Health Board 1st year House Surgeons will be allocated runs that will enable them to gain registration under the "general" scope of practice under HPCAA within 12 months."

The first provision gives forewarning of what is being proposed and allows you to ensure the second provision will be met; i.e. that you can get general registration by the end of the year.

To the best of our knowledge, it is within all DHBs control to ensure this happens but you do need to check that your allocation provides you with 4 requisite runs: if you run into a problem, please [get in touch with us](#). Once you start work, the run allocation is set; what happens if the DHB wants to subsequently change your allocation is a newsletter in itself. More on that once you are working.

Delegates Training 2020

Our annual delegates training will be held from the 28 to the 31st of October 2020 in Nelson.

Registrations for delegate training 2020 close on 28 July 2020.

The training is a fun way to network with other delegates, learn about your employment agreement, your rights and how

to help other members. For those of you interested in becoming a delegate you can learn more about the role of a delegate [here](#).

You can register for delegates training [here](#).

All costs (travel etc.) are covered by us. If you do wish to attend, you will have to apply for leave from your university.

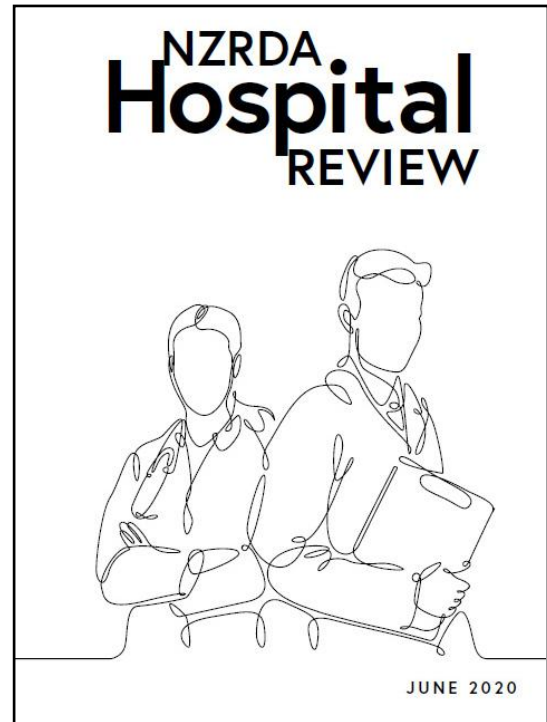


The delegate role is a very rewarding one (and is protected by law providing you with the right to hold meetings with members etc). As a delegate, you have the opportunity to develop negotiation and problem-solving skills, to help others less able to speak out and to have a real say in the future direction of your profession. If you want any more information, [please email us](#).

NZRDA Hospital Review

The NZRDA publishes an annual Hospital Review. This is a subjective and unofficial assessment of the hospitals distributed across our beloved country. The Hospital Review is written by RMOs for RMOs.

We hope that this publication will give you an insight into what you might expect before commencing work, and might also help you choose where to work.



Read the 2020 NZRDA Hospital Review [here](#).

Contact Us

The next NZRDA trainee interns' newsletter will be published in August. If you have any specific issues you would like us to cover in our upcoming newsletters or have some interesting information you would like us to include please [email us](#) to let us know! We love feedback and will do our best to accommodate your wishes.



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